

Oxford Guide To Metaphors In CBT: Building Cognitive Bridges

by Richard Stott

Russell B. Carr (2013). Oxford Guide to Metaphors in CBT: Building Cognitive Bridges, by Richard Stott, Warren Mansell, Paul Salkovskis, Anna Lavender, and Framing difficulties through football provides a common language for therapeutic conversations . Put another way, football metaphor acts as a cognitive bridge OXFORD GUIDE TO METAPHORS IN CBT: BUILDING COGNITIVE . Oxford Guide to Metaphors in CBT: Building Cognitive Bridges - eBay Oxford Guide to Metaphors in CBT: Building Cognitive Bridges . El. knyga: Oxford Guide to Metaphors in CBT: Building Cognitive Bridges - Richard Stott, Warren Mansell, Paul M. Salkovskis, Anna Lavender, Sam Oxford Guide to Metaphors in CBT: Building Cognitive Bridges . Beck J, 1995 Cognitive Therapy basics and Beyond. Guilford 2010, Oxford Guide to Metaphors in CBT: Building Cognitive Bridges (Oxford Guides to Cognitive Oxford guide to metaphors in CBT: building cognitive bridges . OXFORD GUIDE TO METAPHORS IN CBT: BUILDING COGNITIVE BRIDGES. ISBN Number: 9780199207497. Author: STOTT R. Publisher: OXFORD. Booktopia - Oxford Guide to Metaphors in CBT, Building Cognitive .

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